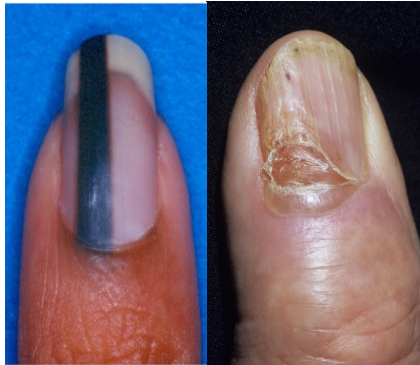


What are the most common nail disorders?

Many disorders can affect the nails, including deformity and dystrophy, infections, and ingrown toenails. Infections can involve any part of the nail and may or may not change the nail's appearance. Most nail infections are fungal, but bacterial and viral infections occur.



Some of the causes of nail disorders include the following:

- Infections
- Injuries
- Internal diseases (such as certain lung diseases, which can cause yellow nail syndrome)
- Nail fungus
- Structural problems (such as an ingrown toenail)
- Birth deformities
- Drugs
- Tumors

Contact information

St. Maarten Medical Center

Dermatologist

Welgelegen Road 30

Cay Hill

St. Maarten

Tel: +1 (721) 543-1111 ext 1345

Fax: +1 (721) 543-0116

Email: info@smmc.sx

Web: www.smmc.sx

A publication of SMMC - April 2019

General Dermatology



SAFETY
HEALTH
SATISFACTION

The pillars defining our quality care

We Care Together!

S | **M**
M | **C**

St. Maarten Medical Center

Dermatology

Dermatology is the diagnosis and treatment of diseases of the skin, hair and nails.

A dermatologist is a medical expert who specializes in the prevention, diagnosis, and treatment of conditions affecting skin, hair, nails, sweat and oil glands, mucus membranes (inside the mouth, nose, and eyelids) which can include cancer.

When to see a dermatologist?

Individuals with symptoms of a disease affecting the skin, hair, nails, or mucous membranes should see a dermatologist if that condition is not responding to home treatment.

People with cosmetic concerns can also consult a specialized cosmetic dermatologist.

Those seeking skin cancer examinations should also visit a dermatologist.

Discuss any upcoming dermatological treatment with your insurer. Insurance companies often do not fund cosmetic procedures. Be sure to obtain copies of any relevant medical reports, consultation notes, and diagnostic test results to confirm to the insurer the medical necessity of the dermatology treatment.

What are the most common skin disorders?

The skin is the largest organ of the body, which acts as a barrier to protect the internal organs from injury and bacteria. It is also a good indicator of the overall health of the body, making the field of dermatology important in the diagnosis and management of many health conditions.



Unfortunately, at one time or another, nearly everyone has some type of skin disease - infants, children, teenagers, adults and the elderly.

Most common skin diseases include:

- Skin cancer
- Warts
- Fungal infections
- Dermatitis
- Psoriasis
- Acne
- Hand dermatitis
- Eczema
- Scabies
- Cold sores (herpes simplex)
- Vitiligo

What are the most common hair disorders?

Most hair disorders aren't serious, but they are often considered major cosmetic issues that require treatment. Androgenetic alopecia is the most common form of hair loss, although there are a number of other hair conditions that can affect the scalp and other parts of the body.



There are numerous hair disorders that can be diagnosed and evaluated:

- Androgenetic alopecia (male or female pattern baldness)
- Trichotillomania
- Hair scalp inflammatory diseases (psoriasis)
- Scarring alopecia
- Infection-related hair loss (tinea capitis and folliculitis)
- Infestations (head lice)
- Physical hair damage or defect (over processing)